



## Chronic Disease Cohort January 29, 2019, 1:30 – 3:30 JPSH Health Network

Finding Balance: The Importance of Evaluation and Treatment for Distress and Depression in Diabetes Management

Rebecca Corona, PhD, Alejandro Zavala Cervantes, MS, LPC, Jennifer Guerrero, PhD

**Dr. Rebecca Corona** is a licensed psychologist who was born and raised in El Paso, Texas. She attended Vassar College where she earned a Bachelor's Degree in Psychology, a Master's Degree in Counseling and Educational Psychology from New Mexico State University and a Doctor of Philosophy degree in Counseling Psychology from Loyola University Chicago. Dr. Corona joined the Parkland Health & Hospital System as a psychologist in 2010, providing services to the pediatric, correctional and adult patient populations. In October 2017, Dr. Corona was named as the Lead Psychologist overseeing the Community Oriented Primary Care, HOMES and WISH Behavioral Health teams. Dr. Corona continues to directly assist those in her community who face barriers to services due to culture, language, and finances by serving as a board member for the Dallas County Juvenile Youth Advisory Board committee, Behavioral Health Leadership Team and Los Barrios Unidos Community Clinic.

Alejandro Zavala Cervantes is a Licensed Professional Counselor who completed his Master of Science in Rehabilitation Counseling Psychology at U.T., Southwestern Medical Center in 2012. He has worked in the mental health field since 2005 in various settings including community mental health clinics, a psychiatric hospital and now as a Mental Health Counselor at the Garland Health Center. Mr. Zavala has participated in community outreach events to foster awareness for mental health, as well as media interviews to serve as expert in related topics. Currently, Mr. Zavala is pursuing a Doctorate of Psychology (PsyD) with specialization in Clinical Psychology.

**Dr. Jennifer Guerrero** completed her graduate training in Clinical Psychology at Sam Houston State University, in Huntsville, Texas. After completing her internship at inpatient and outpatient facilities in Middletown, Connecticut, she graduated with her Ph.D. in 2013. She then began work as an assessor for the Dallas County probation department, providing recommendations for substance abuse and mental health treatment for the county courts. Dr. Guerrero worked for this department for four and a half years, focusing on assisting a county judge with a domestic violence court. She was then delighted to join the Behavioral Health department at Parkland Health & Hospital System in April 2018.